A photograph of a person with long dark hair, seen from behind, wearing a white t-shirt with the text 'L'UNIVERSITÉ POUR LA PLANÈTE' and 'EMBLE' on it. The person is standing on a sailboat, holding onto a large white sail. The background is a clear blue sky with wispy white clouds. In the top left corner, there is a dark blue square above an orange square.

A JOURNEY *of*
GREAT IMPORTANCE
for MANY LIVES

International Master's Programme
in Public Health

LUND UNIVERSITY

”I dream of a functional health care system for my country, especially for the women and children.”



Photography: Nabukenya Jamilah

GILBERT TUMWINE, UGANDA
MEDICAL DOCTOR, MPH GRADUATE 2011

Produced by the Master's Programme in
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WELCOME TO OUR WORLD

The Master's in Public Health is one of the most sought after programmes at Lund University. With more than a thousand applicants vying for one of the 40 coveted spots, the programme not only delivers on content but also on practical application with a global perspective.

The popularity of the programme is not surprising given the increasing awareness of Public Health throughout the world. A Master's in Public Health is a requirement for many posts in a growing number of international organisations such as the UN and the World Bank.

Sweden and Scandinavia have always been pioneers in the field of Public Health. Through the government's commitment to Public Health and the long-standing cooperation between education, research and industry, Sweden has created one of the best and most enviable health systems in the world.

Our national heritage and our position as part of Sweden's strongest research university enable us to offer students a solid foundation in all critical areas of Public Health as well as the option to specialise in a particular area of interest.

Many of the courses are of a practical nature and taught using a variety of pedagogical methods where critical thinking and active learning are an integral part of the process. As a result, students are equipped with a diverse range of professional capabilities, opening the doors to any number of career directions within the field of Public Health.

Our international network of contacts mirrors the global nature of Public Health. Students, researchers and lecturers spanning 5 continents with varied education, experiences, cultures and a passion for Public

Health come together to create a dynamic and vibrant global classroom. These contacts also provide endless career opportunities, with many of our students going on to PhD studies or positions at notable NGOs or ministries of health around the world.

Welcome to the programme and to the challenge of creating sustainable development through better health for all.

ANETTE AGARDH
PROGRAMME DIRECTOR



LUND UNIVERSITY



Photography: Gustaf Johansson

THE MASTER´S PROGRAMME IN PUBLIC HEALTH

WHAT IS PUBLIC HEALTH?

Public Health is an exciting, dynamic and multi-disciplinary field where people work to protect and improve the health of communities and populations through education, promotion of healthy lifestyles and research for disease and injury prevention.

Sweden
Thailand
USA
Ghana
India
Greece
China
Egypt
Scotland
Iran
Nepal
Ethiopia
Iceland
Canada
Russia
Bangladesh
Pakistan



Photography: Gustaf Johansson

THE GLOBAL CLASSROOM

In our programme, students from all over the world join internationally renowned researchers and lecturers. Together they create a multi-cultural, multi-faceted environment where new creative ideas and exciting encounters are born.



Photography: Örjan Åberg

**We are only
as healthy
as the world
we live in**



SWEDEN´S LEADING ROLE IN PUBLIC HEALTH

Public healthcare and social services are at the heart of the Swedish welfare model which consistently ranks highly internationally and is a role model for many countries. Already in the 1840s, Sweden took its first steps towards implementing the welfare state and as early as 1913, it had broadened the range of social benefits to include universal health care.

Most high-income countries did not take similar steps until the 1930s. The effects of this early decision to invest heavily in Public Health remain to this day, as the government continues to provide quality care to all, irrespective of their ability to pay. Incidentally, this ties in with one of the key challenges in Public Health; the fight for health care equity, quality, and accessibility.

THE MASTER'S PROGRAMME IN PUBLIC HEALTH

ONE PROGRAMME – THREE MODULES

Public Health is one of the few areas that can boast of bringing together subjects as diverse as economics, leadership and statistics into one meaningful body of knowledge.

The 3-module approach in our 2 year full-time programme gives you cutting-edge knowledge in the key areas of Public Health and the option to specialise in your area of interest. While the subjects below indicate the scope of the programme, the curriculum is continually revised to keep ahead of new developments in this exciting field.

CORE MODULE <

This module introduces you to the central concepts and disciplines in Public Health. It covers the following study areas:

- **Health and Society**
Global Public Health
Health Economics and Health Systems
Health Policy
- **Theory of Science and Methodology**
Epidemiology and Biostatistics
Qualitative Research Methods
Thesis Preparation
- **Professional Development**
Planning and Leadership in Public Health
Health Promotion and Health Communication

> ELECTIVE MODULE

Here you get the chance to specialise in your area of interest. Since the module is updated annually, the choice of electives may differ from year to year. Some options include:

- **Environmental and Occupational Health**
- **Sexual and Reproductive Health and Rights**
- **Global Aspects of Mental Health**
- **Internship with WHO, foreign embassies and on-going projects in various countries**
- **A variety of elective courses within Lund University and other universities**

> DEGREE MODULE

In this module, you bring together all the knowledge and experience you have gained into a scientific paper which you will research, write, present and defend.



Photography: Gustaf Johansson



TAKE YOUR LEARNING INTO YOUR OWN HANDS

Our current team of lecturers from Ethiopia, Canada, Indonesia, Nigeria, Norway, Uganda, Switzerland and Sweden are on hand to give you the best Public Health education but ultimately the learning is in your hands. Providing opportunities to learn actively and gain a deeper understanding of Public Health is a hallmark of our programme.

The courses you will encounter are interactive and stimulating, with lively discussions, online simulations, group work, and values exercises. The open and informal atmosphere between students, lecturers and researchers makes learning dynamic and enjoyable.

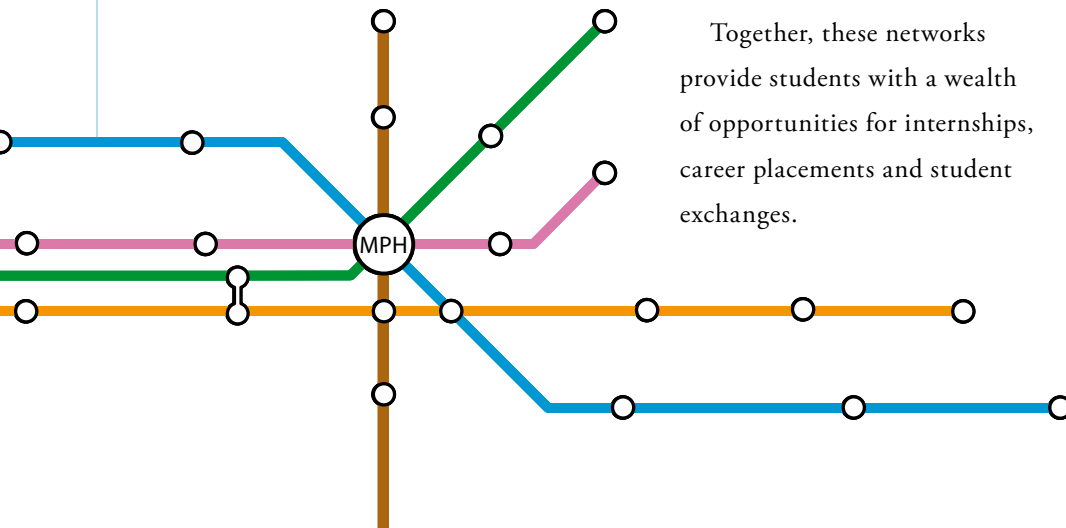
Photography: Charlotte Carlberg Bårg

OUR EXTENSIVE INTERNATIONAL NETWORK

Over the years, the Master's Programme in Public Health has nurtured and developed extensive contacts through academic and research collaboration with hundreds of universities in 50 countries.

The Master's Programme also has a good working relationship with embassies around the world and organisations such as SIDA, UNICEF and WHO. The alumni body of the programme is an additional powerful resource for students.

Together, these networks provide students with a wealth of opportunities for internships, career placements and student exchanges.



SANJAY HARBADE, INDIA
MEDICAL DOCTOR
MPH STUDENT 2011

"It really is an international environment here. I have gotten to know people from Russia, India, Poland, Canada and many other countries. It feels as though there are people from every country in the world here.

The lecturers really try to encourage us to develop and we get to do a lot of independent study."

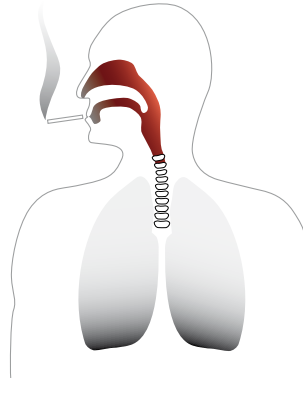
THE WORLD AT YOUR FINGERTIPS

Even before you graduate, we help you explore possible career choices. During our popular recruitment fair, key representatives from world organisations, leading research groups and other relevant bodies come together to provide insight and advice for career choices and opportunities.

MAKE A DIFFERENCE

With a Master's Degree in Public Health from Lund University, you not only acquire necessary skills and knowledge but you are also equipped with practical tools to make a difference in the lives of many.

“On a mission to stop smoking in India, not an easy task in a country with a population of over a billion.”



Photography: Michael de Rooy

KISHOR MOGULLURU, INDIA
STATE CONSULTANT - WHO
MPH GRADUATE 2010



Photography: Örjan Åberg

“I am currently working as a State Consultant with the WHO Ministry of Family Health and Welfare Initiative, in a tobacco control programme. I work with various departments outside of health like the police, law enforcers, political leaders, educational authorities, transport authorities and municipal authorities. So my work is much more than just simply Health but rather Public Health where I am dealing with the social and economic factors of a health problem. Here we look at the global best practices in tobacco control, and the program planning and implementation at a global level. I am more confident in my current position because I have trained at Lund University.”



Photography: Gustaf Johansson

NICOLA GIORDANO, AUSTRALIA/UK
PHD STUDENT – LUND UNIVERSITY
MPH GRADUATE 2009

It is an exciting time in the field of Public Health because there is an increased consciousness of the important role it has in sustainable development. Demand for qualified Public Health professionals has grown and a Master's Degree in Public Health is now a requirement for many posts in international organisations, such as the UN and the World Bank.

What is “social capital” and how does this contextual phenomenon influence health outcomes? This is the question that changed the career path of Nicola Giordano from dentistry in Queensland, Australia to Public Health PhD studies at Lund University. “The entire Master’s programme culminated in a thesis whereby we had 4-6 months to research and write about a topic that interested us from the previous 18 months’ coursework. I decided to write about a concept known as “social capital”, and how this contextual phenomenon influences health outcomes. As a result of my thesis I was offered a PhD research position here at Lund University. I am now building upon the epidemiology and statistical knowledge I gleaned from the Master’s programme and I guess I will be here at Lund a little while longer!”

NATALIE CARTWRIGHT, CANADA
PROGRAM OFFICER – THE GLOBAL FUND
MPH GRADUATE 2009



Photography: Natalie Cartwright

”The Global Fund is a diverse organization that represents individuals from all over the globe. The international nature of Lund’s MPH program prepared me for working in international teams. My position requires that I understand the basics of HIV, TB and malaria including epidemiology, prevention and testing strategies...the MPH program provided me with these tools.”

Many of our students have gone on to make a difference in various areas of Public Health; from answering future Public Health questions through research to successful careers in world organisations like the Global Fund. The opportunities to make a difference are endless and the choice is yours to make.

ADMISSION AND FUNDING

ADMISSION REQUIREMENTS

We welcome applicants with an undergraduate degree in a related field such as medicine, dentistry and nursing. Applicants from other fields with a strong connection to Public Health such as law, business & management, journalism, natural sciences and social sciences are also welcome to apply. Preference is usually given to applicants with work experience in the Public Health field and those that can clearly demonstrate how this programme will impact their future careers. Proven proficiency

in English is required as this is the study language of the programme.

The programme is one of the most popular at Lund University. Since the competition is steep, we advise you to apply on time to increase your chances of acceptance. Overall, the most important criterion is a genuine passion to make a difference through Public Health.

You can read more about the application procedure and apply directly on the national application portal:

www.studera.nu



Photography: Örjan Åberg

FUNDING SOURCES

With the new government policy, applicants outside the EU/EEA & Switzerland are subject to application and tuition fees.

The following apply:	Application fee	900 SEK (approx. 100 EUR)
	Tuition fee per year	170 000 SEK (approx. 18 000 EUR)

There are a number of scholarship programmes currently offered by Lund University, the Swedish government, the Erasmus Mundus programme and others. These scholarships differ in terms of coverage; some cover tuition fees only, while others cover tuition and living expenses. For more information and to check your eligibility, go to: www.med.lu.se/english/public_health/admission

WE ARE HERE FOR YOU

STUDENT SERVICES RECEPTION DESK

Once you are admitted to the programme, the Student Services reception desk will be your convenient one stop contact point. The reception desk will provide all you need to settle down smoothly into student life here at Lund University and life in general in Sweden. All practical issues are addressed; from setting up a bank account to health insurance to disability support, there is someone on hand to answer your questions and address any concerns you may have.

GUARANTEED HOUSING

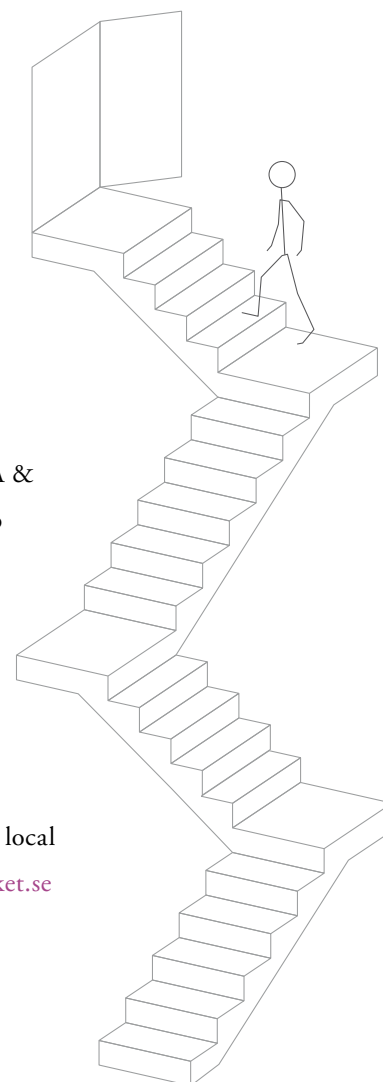
We take the question of housing seriously because we know that a comfortable and safe living environment will help our students to achieve greater academic and social success. Lund University guarantees housing for all fee-paying students. We will do all we can to meet your preferences within the available housing options.

Photography: Mikael Risedal



VISAS & RESIDENCE PERMITS

If you are a student from outside the EU/EEA & Switzerland, you will need a visa to come into Sweden and a residence permit to study, work and live in Sweden. Whether you are coming alone or with your spouse or family, you are advised to apply early and well before the busy summer months. For more information and to apply, please contact your local Swedish embassy or visit www.migrationsverket.se



INSPIRING ENVIRONMENTS

CROSSROADS OF LEARNING AND RESEARCH

With a total area of 26,000m², the Clinical Research Centre is an exciting environment that brings research, teaching and health care under one roof. Its dynamic architecture and open areas give countless opportunities for increased collaboration between students, teachers, researchers and health care professionals. By providing the best possible facilities, new medical discoveries can be made, diagnostic tools and treatment can be improved and preventive medicine developed; all contributing to improved health worldwide.

LOCATION
LOCATION
LOCATION

CRC, home to 40 research groups and hundreds of students and health care

personnel, is situated in the heart of the health care district in Malmö. It is flanked by the biomedical engineering industry, the Wallenberg Laboratory, the University Hospital's Diagnostic Centre and dynamic science parks. This gives the centre the ideal environment for the development, application and marketing of new ideas.



Photography: Örjan Åberg

All the courses on the Master's Programme in Public Health are taught at the Clinical Research Centre, CRC, on the Malmö campus of Lund University.



STATE OF THE ART

This bold and modern research centre provides an all round state-of-the-art facility. Here you find laboratories with high technology equipment, teaching facilities geared to modern pedagogy and a fully equipped medical library alongside a training centre. Design and function are world-class at the CRC.





ONE OF THE MOST CREATIVE CITIES IN THE WORLD

With bold statements like “The City of Malmö will be climate neutral by 2020 and will run on renewable energy by 2030”, Malmö was ranked one of the 13 most creative cities in the world by Fast Company and recently received the UN Habitat’s Scroll of Honour.

A CITY IN TRANSITION

Formerly an industrial city, Malmö has blossomed into one of the most culturally diverse commercial hubs in Sweden. With a population of 300,000 made up of 170 nationalities, a Lebanese falafel stand is just as common as a Swedish hotdog stand.



”I love Malmö and CRC deserves the Annual Building Prize it won!”

”The first two medical courses in my life just started two months ago. Here in the programme, we have dentists, optometrists, physicians, officials from NGOs, officials from governments, teachers and me sitting together doing group work and presentations, isn’t that wonderful? I learn something no matter who is speaking, since our backgrounds differ a lot.”

IN THE HEART OF MEDICON VALLEY

As the commercial capital of Southern Sweden, Malmö’s dynamic and vibrant business environment is made of an increasing number of companies in biological, medical and environmental technology, as well as in the IT and digital media fields. It lies in the heart of Medicon Valley, one of the world’s leading biotech clusters employing 41,000 people and 5,000 researchers.

ZHENG ZHENG, CHINA
ENGLISH MAJOR
MPH GRADUATE 2010



Photography: Alex Elshaer





A HISTORY OF KNOWLEDGE

EXCELLENCE & INNOVATION SINCE 1666

Tracing its roots to 1436, and officially established in 1666, Lund University is one of the oldest learning institutions in Scandinavia. Steeped in centuries of tradition, innovation and creativity remain the bedrock of Lund University. The approach to learning is founded on critical thinking and the pushing of boundaries to reveal new thoughts and ideas.

SIZE MATTERS

With 8 faculties and several research centres and specialised institutes, Lund University is the largest provider of research and higher education in Sweden and in Scandinavia. In addition to the extensive number of courses and programmes in Swedish, over 75 Master's programmes and 500 courses are taught in English.

Photography: Mikael Risedal

INTERNATIONAL EXCHANGE AT ITS BEST

Collaborating with 680 universities in 50 countries and a member of many prestigious worldwide networks, Lund University boasts of the best exchange programme in Sweden. Its diverse student body and faculty create a rich environment where you can meet people from all over the world and create valuable contacts for life.



STUDENT NATIONS

Not only do you get an excellent world class education at Lund University, the student life here is exceptional. With 46,000 students and the unique concept of “Nations” which offer a wide range of social activities, life as a student is exciting, varied and lively.





Photography: Gunnar Menander

PUTTING PEOPLE'S HEALTH IN FOCUS

Lund University's close collaboration with other universities, industry and the healthcare sector ensures a continuous exchange of experience, knowledge and ideas, all of which work towards improving people's health and quality of life.

1666

Lund University is founded.

1678-1682

The University is closed during the Scanian War.

1830

C.A. Agardh forms The Academic Society.

1852

Lund University becomes state-owned.

1880

The first female student is admitted.

1894

The first Lund Carnival is held.

Photography: Kennet Ruona



300 YEARS OF RESEARCH

With over 300 years of medical research, the Faculty of Medicine at Lund University is one of the most research-intensive in Europe. Our research has resulted in important medical discoveries which have led to improved methods of treatment, new pharmaceuticals and better diagnostic techniques. Lund's medical researchers are pioneers in many areas including epidemiology, nursing and stem cell biology.

LEARNING FOR LIFE

The studies that you begin at the Faculty of Medicine do not end with graduation. Our goal is to guide and encourage students to develop the habit of independent, lifelong learning that will sustain them throughout their careers.

MODERN *AND* DOWN TO EARTH



Photography: Örjan Åberg

For a sparsely populated country with 9 million inhabitants, Sweden has definitely created its mark on the world. Recently ranked by Newsweek as the world's 3rd best country to live in, it boasts of a long list of internationally recognised achievements.

Because of the country's long standing close cooperation between academia and industry, Sweden has acquired an enviable position as a major innovator and creative force. The country has produced known corporate brands such as IKEA, Volvo, H&M, Saab and Ericsson and known cultural icons such as Abba, Astrid Lindgren, Björn Borg, The Cardigans and Greta Garbo. Every year the Swedish Academy awards the Nobel Prize; the world's most prestigious academic distinction.

SWEDEN - KEY POINTS

IDEAL PLACE FOR A GREAT FUTURE

Against all odds, Neeta Pokhrel, with the support of her husband, made her dream of pursuing a Master's in Public Health a reality. "Sweden is a beautiful country, quiet and peaceful; so unlike back home which is flooded with people and vehicles. The Swedes go out of their way to help if you need assistance."

Andrew Kyei-Serfour chose the programme because "it is regarded as one of very best in Europe in the medical field as well as its high status in the World University Ranking. I would say settling into the Swedish culture was pretty smooth compared to what I experienced before."

Photography: Gustaf Johansson



ANDREW KYEI-SERFOUR, GHANA
INTERNATIONAL RELATIONS MAJOR
MPH STUDENT 2011

NEETA POKHREL, NEPAL
MEDICAL DOCTOR
MPH STUDENT 2011

1 / NATURE AT ITS BEST

Sweden is a haven for nature lovers, with barren mountains, turbulent rivers, spellbinding forests, miles and miles of beaches and vast, glittering archipelagos. Forests, lakes and rivers cover more than half the country.

2 / HEALTHY LIVING FOR ALL

Sweden is ranked 5th in the world by the UN as one of the healthiest, most liveable countries in the world. With a life expectancy of over 80 years, most Swedes are actively involved in one form of physical activity or another.

3 / WE SPEAK ENGLISH TOO!

English is the "unofficial" second language in Sweden. With over 90% of the population fluent in the language, you can leave your phrase book at home and get by with English throughout the country.

4 / STAY CONNECTED

Today Sweden is one of the most modern and sophisticated countries in the world. Because of its top spot in mobile and internet technology, Sweden remains a popular choice for testing cutting-edge trends and ideas.

5 / A FREEDOM OF CHOICE

Sweden prides itself on being a modern and inclusive society where religious freedom is fiercely protected. The great numbers of people who have migrated to Sweden in recent decades have added to its religious diversity.

WORK HARD, PLAY HARD

All the hard work and effort students put into their studies is balanced with one of the highlights of the programme; a dinner at the Programme Director's home. Everyone is welcome: lecturers, researchers, students, administrative staff and their respective families. It is one of those rare occasions where everybody working together for Public Health can get together for a fun and relaxed evening with family, colleagues and friends.



Photography: Becky Nelson

A CULINARY WORLD TOUR

To put a twist on the evening, each person brings food that is typical of their home country, serving up tastes from all corners of the globe. At evenings like this, it is not uncommon to start with Swedish herrings on toast and move on to an Iranian main course of lamb casserole with saffron rice, followed by Crema Catalan from Spain, and finally Ethiopian cardamom tea.



LIFELONG CONNECTIONS

The potluck dinner at the director's home is a great opportunity to get to know each other in an informal, relaxed atmosphere. This may be your chance to talk one on one to the renowned professional in your area of interest, share a laugh with a course mate or even create lifelong personal and professional relationships.



WE LOOK FORWARD
TO
MEETING YOU



Photography: Johan Agardh

Thank you for considering our Master's Programme in Public Health. With a dedicated academic staff, an in-depth yet broad curriculum, a community of international students and countless career opportunities, our programme delivers a world-class education from one of Europe's finest universities. We hope that by exploring this brochure, you will be inspired to join us on this exciting journey in Public Health here at Lund University.

A warm welcome from all of us,

The team of lecturers - MPH Programme, Lund University



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