



# LUNDS UNIVERSITET

Medicinska fakulteten

Board of Rehabilitation Sciences Education, NRU

## IDRN11 Internship – Sport Psychology

15 higher education credits

Second cycle Level 1F

### General Information

#### *Main field*

Sports Science

#### *Type of course*

The course is a compulsory component of the Master programme in Sports Science and comprises 10 weeks of full-time study, 8 of which are to be completed as work placement studies. The courses in the programme are to be studied in the order in which they are offered. The course complies with the regulations of the Higher Education Ordinance (1993:100 with later amendments).

#### *Language of instruction*

English or Swedish

### Learning Outcomes

The aim of the course is to provide students with the opportunity to apply their knowledge and skills in their selected area of expertise.

#### *Knowledge and understanding*

For a pass on the course students shall

- be able to apply theories and methods of sport psychology in planning, implementing, reporting and evaluating measures taken with individual clients/patients, teams, groups or organisations in recreation or elite sports activities
- have sufficient knowledge of the laws, regulations and rules that are applicable at their workplace.

#### *Skills and abilities*

For a pass on the course students shall

- be able to apply the theoretical knowledge and skills acquired
- be able to analyse and present proposals for developing the activities at the workplace
- be able to work independently but under supervision with the most qualified tasks in their area of expertise at the workplace
- be able to make presentations for various target groups in their area of expertise, orally and in writing
- be able to plan, implement and report an applied project.

### *Judgement and approach*

For a pass on the course students shall

- be able to cooperate with and adopt an ethical approach to clients/patients, customers, supervisors and colleagues
- independently reflect on and show awareness of their skills and needs with regard to their area of expertise
- independently and critically evaluate information
- independently reflect on their need for personal development and further knowledge and skills in their area of expertise.

## Course Content

The course comprises internship in sport psychology. Within the context of knowledge and skills acquired students shall plan, implement, report and evaluate various types of professional assignments and complete a specialised project. Oral and written communication will be practised.

### *Subjects examined*

Internship 15 higher education credits

## Instruction and Assessment

### *Instruction*

Instruction takes the form of supervised internship and training appraisals at the higher education institution.

### *Assessment*

For a pass on the course students must have

- a pass on the written assessment of the supervisor at the workplace
- a pass on the specialised project
- a pass on the written reflections in the portfolio
- participated in the training appraisal group sessions (only for students specialising in sports psychology).

Students must have assimilated the supervised internship and participated in training appraisal sessions (only for sport psychology students) in a satisfactory manner. The supervisor will continually assess the ability of the student to perform supervised tasks within the context of the theories and methods of sports psychology/sports medicine. A memorandum is used to support the internship. Unethical conduct and other serious shortcomings in the student's professional approach (in the relationship with clients/patients, customers and colleagues) may lead to a fail on the course.

In the case of a fail on the course, students will be given an opportunity to retake it. In such cases the course must be retaken in its entirety.

## Grades

Grades are set for a completed course. One of the grades Pass or Fail is awarded.

## Admission Requirements

In addition to basic eligibility, such as a Bachelor's degree comprising 180 credits or an equivalent international degree, students must have proficiency in English corresponding to English B from Swedish upper secondary school or the equivalent. Students must also have passed the courses IDRN02, IDRN03, IDRN04, IDRN05, IDRN07 and IDRN10.

## Literature

Articles in the chosen area of specialisation, selected in consultation with the course director and the workplace supervisor and comprising 100-150 pages.

## Further Information

*Number of examinations, new examiner etc.*

### **Clinical training**

Students retaking clinical training will be provided with a new opportunity for clinical training. A course being retaken is subject to the same rules as for regular clinical training.

Examination of the course may take place earlier if the student commits serious errors during clinical training because of gaps in knowledge or skill. An individual plan will be drawn up for a student who fails early examination. The discovered gaps are to be listed, the support provided to the student described and the time of examination and any re-examination of the shortcomings stated. Clinical training may only be resumed when the student has demonstrated that the shortcomings have been remedied.

### **New examiner**

A student who has failed two examinations on a course or module is entitled to have another examiner appointed, unless there are special reasons to the contrary (SFS 2006:1053). The request is made to the programme director.