



LUND UNIVERSITY
Faculty of Medicine

Students' Conference

25 March 2010

9.30-16.00, Baravägen 3, Health Sciences Centre, Lund

Students from the Master's programme in sport sciences, Lund University, invite you to listen to the latest news on prevention and treatment of sports injuries. The conference is part of an examination in the course "Prevention and treatment of sports injuries".

Programme

9.30-9.45 *Room H01: Introduction and welcome, Ass prof Erwin Apitzsch, Programme director*

9.45-10.15 *Room H01: Key note speaker: Ass prof Eva Ageberg "Neuromuscular training"*

Room H01

10.30-10.50

*C Akbas, PT, BSc Sweden
Kinesiotape-more than just colored tape?*

10.50-11.10

*V Flosadottir, PT, BSc Sweden
Hamstrings injuries – can they be prevented?*

11.10-11.30

*T Ramquist PT, BSc Sweden
Core training and sports*

11.30-11.50

Break

11.50-12.10

*S Ekman, PT, BSc Sweden
Prevention of knee injuries in female athletes*

12.10-12.30

*M Kothapalli, BSc PT, India
Prevention of ACL knee injuries*

12.30-12.50

*P Mao, Bachelor Clin Med, China
Prevention of knee injuries*

12.50-13.10

*M Alnattah, BSc, PT, Jordan
Post-surgery rehabilitation for meniscus injuries*

13.10-14.00

Lunch (available at Café Hjärtat, HSC, appr 60kr)

14.00-14.20

*L Wallensten, PT, BSc Sweden
Chronic low back pain- prevention*

14.20-14.40

*Y Xie, Bachelor Clin Med, China
Treatment of acute low back pain*

14.40-15.00

*Z Zhao, Bachelor Clin Med, China
Exercise and type II diabetes*

15.00-16.00appr

Discussions with the students

Room H02

*O Blennborn, BSc, PT, Sweden
Prevention of hamstrings strains*

*G Ingemarsson, BSc, PT, Sweden
Whole body vibration-a new way to exercise?*

*M Grimshorn BSc, PT, Sweden
Exercise as a treatment for jumpers knee*

*M Karlsson, BSc, PT, Sweden
Management of groin injuries*

*A Pedersen, BSc, PT, Iceland
Achilles tendon ruptures and tendinopathy*

*M Javaid, BSc (Hons), PT, Pakistan
Traumatic knee injuries and osteoarthritis*

*M S Butt BSc (Hons), PT, Pakistan
Are athletes running for osteoarthritis?*

*R W Ahmad, BSc (Hons), PT, Pakistan
Prevention of rotator cuff injuries*

*H Mellby, PT, BSc Sweden
Rehabilitation of ankle sprains*

*S Åkerlindh, PT, BSc Sweden
Interventions for low back pain in Athletes*